

Tips For Extending iPhone Battery Life

- Check email/contact/calendar data less frequently
 - From the Home screen, tap Settings -> Mail, Contacts, Calendars -> Fetch New Data and choose an appropriate schedule (Manually is best).
 - To set individual accounts to manually check for new data, tap Advanced -> <account_name> and choose Manual. NOTE: this should not be done for accounts that have a Push option, such as Google Calendar.
- Set the device to not ask to join Wi-Fi networks
 - From the Home screen, tap Settings -> Wi-Fi.
 - If Wi-Fi is set to OFF, set the switch to ON.
 - Set the "Ask to Join Networks" switch to OFF.
- Lower the screen brightness and use auto-brightness
 - From the Home screen, tap Settings -> Brightness.
 - Drag the brightness slider to the left to lower brightness.
 - Set the Auto-Brightness switch to ON.
- Turn off Bluetooth when not in use
 - From the Home screen, tap Settings -> General -> Bluetooth.
 - Turn Bluetooth off.
- Shorten the auto-lock time and manually lock the device when possible
 - From the Home screen, tap Settings -> General -> Auto-Lock.
 - Select an appropriate time (1 Minute is best).
 - To manually lock the device, press the Sleep/Wake button located on the top right.
- Turn off sound effects
 - From the Home screen, tap Settings -> Sounds.
 - Turn off sound effects for events where you do not need them.
- Turn off the equalizer (only applied if iPod feature is used)
 - From the Home screen, tap Settings -> iPod -> EQ.
 - Turn off the equalizer.
- Turn off vibration
 - From the Home screen, tap Settings -> Sounds.
 - To disable vibration for Ring mode, turn Vibrate under Ring off.
 - To disable vibration for Silent mode, turn Vibrate under Silent off.
- Turn off the 3G radio (cell network data connection will be slower)
 - From the Home screen, tap Settings -> General -> Network.
 - Turn 3G off.
- Close running app before locking the device
 - If a running app is not needed while the screen is off, press the Home button to close it.
- Turn down ringtone volume
 - From the Home screen, tap Settings -> Sounds.
 - Drag the slider to adjust volume.
- Update iPhone OS (new versions may contain enhancements that improve battery life)
 - Connect your computer to the Internet.
 - Open iTunes.
 - Connect the iPhone to the computer.
 - If a prompt to install a new version of the iPhone software appears, follow the instructions to do so.