

**NUTRITION SCIENCE  
NUTRITION IN PUBLIC HEALTH OPTION  
CHECKLIST & STUDY PLAN**

Review Date: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Name: \_\_\_\_\_

**ENGLISH COMPOSITION:** (✓ when complete) (Units)  
 (See College requirement)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

**PREPARATORY SUBJECT MATTER (62-65 units):**

- Anthropology (2) **or** Sociology (1) **or** Sociology (3) \_\_\_\_\_
- Chemistry, General (2A-2B-2C) \_\_\_\_\_
- Chemistry, Organic (8A-8B) **or** (118A-118B) **or** (128A-128B **and** 129A) \_\_\_\_\_
- Biological Sciences (2A-2B-2C) \_\_\_\_\_
- Economics (1A-1B) \_\_\_\_\_
- Nutrition (10) \_\_\_\_\_
- Psychology (1) \_\_\_\_\_
- Plant Sciences (120) \_\_\_\_\_
- Sociology (46A) **or** Psychology (41) \_\_\_\_\_

**Section Completed:** \_\_\_\_\_

**DEPTH SUBJECT MATTER (76-85 units):**

- Biochem. & Nutr. (ABI 102, 103) \_\_\_\_\_
- Biological Sciences (101) \_\_\_\_\_
- Exercise Metabolism (EXB 110) \_\_\_\_\_
- Food Sci. & Tech. (100A, 100B) \_\_\_\_\_
- Microbiology (101) \_\_\_\_\_
- Neuro., Physio., & Beh. (101, 101L) \_\_\_\_\_
- Nutrition (111AV, 111B, 112, 116A, 118) \_\_\_\_\_

Nutrition Restricted Electives  
 (15-20) units from: NUT 99, 104, 105, 114, 116B, 117, 120AN, 120BN, 129, 130, 190, 192, 199, or FSM 120, 122 \_\_\_\_\_

**Section Completed:** \_\_\_\_\_

**COLLEGE / UNIVERSITY REQUIREMENTS:**

Total Units for Degree (180 – 225) \_\_\_\_\_

Total Units Completed \_\_\_\_\_

Total Units Outstanding \_\_\_\_\_

Upper Division Units Completed (min = 54) \_\_\_\_\_

Physical Education Units (max = 6) \_\_\_\_\_

American History & Institutions \_\_\_\_\_

**GENERAL EDUCATION (52 units):**

Topical Breadth and Core Literacies components must be met. The Agricultural & Environmental Sciences Dean's Office ultimately determines which courses can be used to fulfill your University / College requirements, including General Education coursework.

**RESTRICTED ELECTIVES (8-12 units):**

**Agricultural and Health Policy**

**ARE 15, ARE 120, SPH 175W, or POL 109**

**Cultural Diversity & Community Change**

**AAS 100, AMS 55, ARE 112, CMN 136, CRD 2, CRD 152, CRD 176, IAD 10, IAD 103, SAS 130, or SOC 181**

**Community Health and Education**

**CMN 165, EDU 110, EDU 120, EDU 153, PSC 126, PSC 130, or SOC 154**

**Natural and Applied Sciences**

**CHI 140A, CRD 20, ETX 101, ETX/FST 128, EXB 101, EXB 102, EXB 113, EXB 117, HDE 100A, HDE 100B, HDE 100C, NPB 132, PHI 15, PLS 151, SAS 2, SAS 15, SAS 90C, or SAS 90F**

**Section Completed:** \_\_\_\_\_